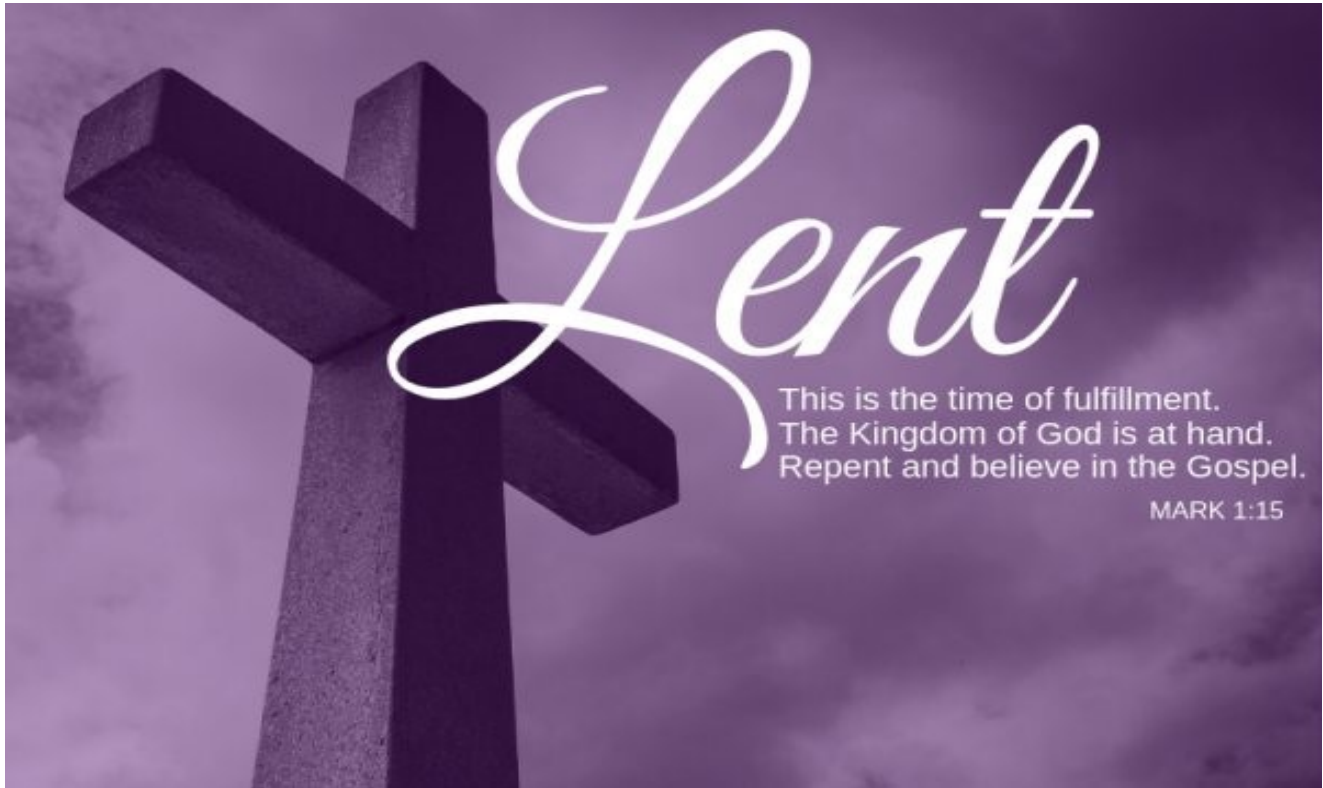
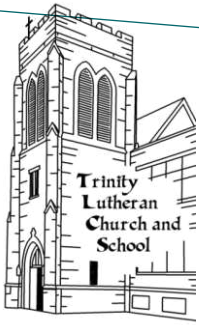


Trinity Lutheran Church & School
300 Broad Street
Menasha, WI 54952



March 2023 Newsletter





Trinity Lutheran Church and School

300 Broad Street
Menasha, WI 54952

Church Phone: (920) 722-2662 / **School Phone:** (920) 725-1715

Church Office Hours: Monday-Friday, 8:00 am to 3:00 pm

Website: www.trinitymenasha.com

Worship Services:

Saturday – 5:00 pm; Sunday – 9:00 am

Education Hour: Sunday - 10:30 am

Services will continue to be available for live streaming on Trinity’s Facebook page, and for later viewing on YouTube. Check the church website for more details.

Our Mission Statement:

Trinity Lutheran Church and School, Menasha, is a fellowship of Lutheran Christians being empowered by the Holy Spirit through the Word of God and His Sacraments to encourage, refresh, and strengthen both adults and children in the redemptive work of Jesus Christ, while sharing His love with those who do not yet know their Lord and Savior.

Important Dates:

March 1: 9:00 AM Worship
5:00 PM Catechism
5:15 PM Lenten Meal
6:30 PM Worship

Board of Education: Spaghetti Casserole, Garlic Bread, Desserts, Salad, and Beverages

March 4 5:00 PM Worship Service
March 5: 9:00 AM Worship Service
10:30 AM Education Hour & Sunday School

March 8: 9:00 AM Worship
5:15 PM Lenten Meal.....
6:30 PM Worship

Board of Properties: Chili, Hot Dogs, Chips, Salad, Desserts and Beverages

March 11: 9:30 AM Food Pantry
5:00 PM Worship Service
March 12: 9:00 AM Worship Service
10:30 AM Education Hour & Sunday School
4:00 PM Seder Meal Sign In
4:30 PM Passover Seder Evening Led by Pastor Parvis

March 15: 9:00 AM Worship
5:15 PM Lenten Meal.....
6:30 PM Worship

Board of Outreach and Social Ministry: Sloppy Joes, Baked Beans, Chips, Dessert, and Beverages

March 18: 5:00 PM Worship Service
March 19: 9:00 AM Worship Service
10:30 AM Education Hour & Sunday School

March 22: 9:00 AM Worship
5:15 PM Lenten Meal.....
6:30 PM Worship

Board of Stewardship: Planning Stages

March 25: 5:00 PM Worship Service
March 26: 9:00 AM Worship Service
11:00 AM School Musical

March 29: 9:00 AM Worship
5:15 PM Lenten Meal.....
6:30 PM Worship

Board of Worship: Ham Sandwiches, Salad, Desert



Senior Pastor:
✠ Rev. Steven S. Billings
Assoc. Pastor/Principal:
✠ Rev. Keith E. GeRue

Directors of Music:
Tim Reuning & Connie Henkel
Organist:
Mrs. Nancy Lephart

Trinity Lutheran Church & School

Church Phone: (920) 722-2662

School Phone: (920) 725-1715



March 2023

Church Office Hours:

Monday-Friday, 8:00 AM – 3:00 PM

Email: ChurchAdmin@trinitymenasha.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:00 AM Service 5:00 PM Catechism 5:15PM Lenten Meal/Board of Education 6:30 PM Service	6:00 AM Men's Bible Study 3:45 PM Boys VB Practice	2:45 PM Electives Popcorn Friday 7:00 PM Hymn Sing	5 PM Worship
5	6	7	8	9	10	11
9:00 AM Worship 10:30 AM Educ. Hour/Sunday School	Rev. Billings' Sabbath 9:00 AM Sewing 3:45-4:45 PM Chess Club 5:30 PM Adult Info Class 6 PM Prayer Time 6:30 PM Women's Bible Study	6:30 AM Ladies Bible Study 6:30 PM Bd Mtg 3:45 PM Boys VB Practice	9:00 AM Service 5:00 PM Catechism 5:15PM Lenten Meal/Board of Properties 6:30 PM Service	6:00 AM Men's Bible Study 2:45 PM Electives 3:45 PM Boys VB Practice	NO SCHOOL	9:30 AM Food Pantry 5:00 PM Worship
12	13	14	15	16	17	18
9:00 AM Worship 10:30 AM Educ. Hour/Sunday School	Rev. Billings' Sabbath 9:00 AM Sewing 3:45-4:45 PM Chess Club 5:30 PM Adult Info Class 6 PM Prayer Time 6:30 PM Women's Bible Study	6:30 AM Ladies Bible Study 9:00 AM-12 PM Circuit Pastors Meeting @ Hope, FDL 3:45 PM Boys VB Practice 6:30 PM Bd of Dir Mtg	9:00 AM Service 5:00 PM Catechism 5:15PM Lenten Meal/Board of Outreach & Social Ministry 6:30 PM Service	6 AM Men's Bible Study 2:45 PM Electives 4:30 PM Boys VB Celebration @ Home		Light Set-up for Musical 5 PM Worship
19	20	21	22	23	24	25
9:00 AM Worship 10:30 AM Educ. Hour/Sunday School	Rev. Billings' Sabbath 9 AM Sewing 5:30 PM Adult Info Class 6 PM Prayer Time 6:30 PM Women's Bible Study	6:30 AM Ladies Bible Study 4:30 PM Boys Volleyball @ Celebration Appleton	9:00 AM Service 5:00 PM Catechism 5:15PM Lenten Meal/Board of Stewardship 6:30 PM Service	6 AM Men's Bible Study 3:45 PM Boys Volleyball Practice	2:45 PM Electives 6:30 PM School Musical 'God Squad' & Basket Auction	5 PM Worship
26	27	28	29	30	31	
9:00 AM Worship 11:00 AM School Musical 'God Squad' & Basket Auction	Rev. Billings' Sabbath 9 AM Sewing NO SCHOOL 6 PM Prayer Time 6:30 PM Women's Bible Study	6:30 AM Ladies Bible Study 3:45 PM Boys Volleyball Practice	9:00 AM Service 5:00 PM Catechism 5:15PM Lenten Meal/Board of Worship 6:30 PM Service	6 AM Men's Bible Study	2:45 PM Electives	

WEDDING ANNIVERSARIES – MARCH 2023

03/01 WEBBER, Merle* & Noelle
 03/03 KOHLER, Carl & Christine
 03/05 WRAY, Timothy & Teresa
 03/30 HENRICKSON, Todd & Dawn
 03/31 GUILLEY, Marc & Sandy



BIRTHDAYS – MARCH 2023

03/01 COLLINGWOOD, Paul
 03/01 DAHMS, Anne
 03/01 KAMPRATH, Alexander
 03/01 OLSEN, Larry
 03/01 VOIGT, Brittney
 03/02 SCHEWE, Lawrence
 03/02 SIEBERT, Daniel
 03/02 WENDLER, Jodi
 03/03 ROSS, Hunter
 03/04 CORRENTE, Nicholas
 03/04 DIESCH, William
 03/05 BURROWS, Richard
 03/05 ERDMANN, Shirley
 03/07 MANTEUFEL, Alan
 03/10 KAMPRATH, Tyler
 03/12 HINTZ, Lorena
 03/13 GAST, Isaac



03/15 KRAUSE, Darrell
 03/18 JANDREY, Tim
 03/19 DAHMS, Margaret
 03/21 THOMAN, Jane
 03/22 RATZBURG, Linda
 03/23 BARTELME, Deborah
 03/24 SEXMITH, Steve
 03/25 BOSS, James
 03/27 BORCHARDT, Russell
 03/27 MLODIK, Gabriel
 03/28 RAUSCH, Eve
 03/29 KOHLER, Scott
 03/30 BORCHADT, Karleton
 03/30 COLBY, Lee
 03/31 GUTZMANN, Scott
 03/31 ROSS, Oliver



✝ Trinity Membership Update ✝

New Members/Transfers In:

Released/Transfers Out:

Baptisms:

Weddings:

Members Who Have Passed:

²⁵For I know that my Redeemer lives, and at the last He will stand upon the earth. ²⁶And after my skin has been thus destroyed, yet in my flesh I shall see God. Job 19:25-26

kob

Serving Our Lord with Gladness – March 2023

Senior Pastor: Rev. Steven S. Billings
Associate Pastor/Principal: Rev. Keith E. GeRue

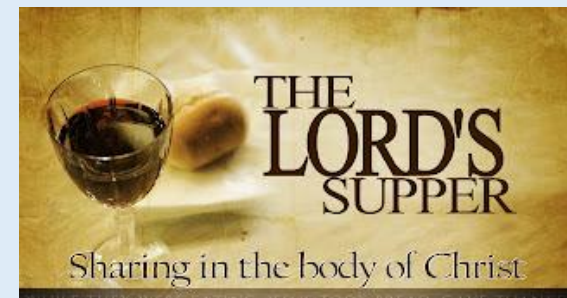
Worship Date/Time	Acolyte	Elder on Duty	Communion Assistant	Usher Captain	Greeter	Altar Guild
March 1: 9:00 am 6:30 pm	Dylan Kobs	Craig Thomas		Dave Acker Weinig/Harrmann	Volunteer Needed	
March 4: 5:00 pm March 5: 9:00 am March 8: 9:00 am 6:30 pm	Donovan Rausch Levi Kroes Cecelia Street	David Little Michael Bekx	Ian Thomas Lee Weinig	Jerry Maynard Steve Sexmith Reinke/Maynard Steve Sexmith	Barb Kester Jane Nielsen	Paula Reichert Carol Evensen
March 11: 5:00 pm March 12: 9:00 am March 15: 9:00 am 6:30 pm	Sydney Gast Simon Kroes Ava Schmidt	David Little Michael Bekx	Dan Seibert	Lee Colby Dave Collingwood Dave Acker Collingwood/Colby	Dan & Peggy Dahms Rose Collingwood	Paula Reichert Carol Evensen
March 18: 5:00 pm March 19: 9:00 am March 22: 9:00 am 6:30 pm	Payton Length Emma Schmidt Mirella Taschner	David Little Michael Bekx	Vance Pues	Roger Voigt Jim Wittmann Dave Acker Wittman/Voigt	JoAnn Schultz Connie Henkel	Volunteer Needed Carrol Evensen
March 25: 5:00 pm March 26: 9:00 am March 29: 9:00 am 6:30 pm	Maya Torres Melani Gast Dylan Kobs	David Little Michael Bekx	Bruce Buksyk	Tom Harrmann Lee Weinig Steve Reinke Weinig/Harrmann	Betty Allen Volunteer Needed	Shirley Fleischer Carol Evensen

Altar Guild Help Needed

Trinity is in dire need of volunteers to serve on our Altar Guild team.

Tasks are:

- Saturdays: Set-up and reset the altar
 - Sundays: Clean up communion and deliver flowers to a designated member of Trinity
- Setting the Lord's Table is truly an honor and blessing. Please contact Mary Conrardt or Jean Zeinert at (920) 722-2662 to become a member of our team.





Catechetical Comments

A Series

THE APOSTLES' CREED

This month we continue our look at The Apostles' Creed and consider the following question: *Who is God?*

93. *Who is God?*

The *Small Catechism* continues its answer to this question by saying:

In His Word God has told us that He is

C. unchangeable (immutable)

It then offers the following Scripture passages in support of this answer:

Ps. 102:27 – You are the same, and Your years have no end.

Mal. 3:6 – I the LORD do not change.

James 1:17 – Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.

To consider the immutability of God (His unchangeableness), by necessity extends to the ramifications of this quality of God's divine nature. Countless volumes have been filled with such discussions, but we will, in the few lines allotted, attempt to encapsulate that aspect of the question that rises most near the top of the pile, that question being: Is the immutability of God is a good thing or a bad thing?

A wife may say of her husband, "Year in, year out, he's always the same; he never changes."

On the face of it, it's not readily apparent whether she's glad of this or not. What if he's a violent drunkard? Or a spendthrift? She may

have spent years ducking him when he's on a binge, or she may have to hold down a job to make up for his wasteful expenditures. On the other hand, maybe he's calmly stable and his day-in, day-out dependability might give her the kind of security not many people enjoy.

So, that's really the question, isn't it. If God is eternal (another of His unique attributes), and He never changes, what does this mean for us who are neither eternal nor unchangeable? Is God's immutability a good thing or a bad thing?

Of course, to answer this question adequately, we have to know more about God's other attributes, especially those further down the list, such as: holy, just, faithful, good, merciful, gracious, and loving. This is not to say that attributes like eternal, immutable, almighty, omniscient, omnipresent, and so on, aren't important; they certainly are, but God would be those things even if He were not just, faithful, merciful, and the like. The difference is that an all-powerful, eternal, unchangeable God that is merciful, gracious, and kind is a whole lot easier to live with than a God who isn't any of those things.

Like the woman whose husband is a reliable, trustworthy fellow, rather than an angry beer-chugger, life with the God who loves us is a great deal better than it would be otherwise, for we may fear, love, and trust in Him, knowing that He is a God of compassion and always will be. As the psalmist says (Ps. 103:13) – "As a father shows compassion to his children, so the LORD shows compassion to those who fear him." †

Humbly in His service,
Rev. Steven S. Billings
Senior Pastor



From the Principal “Sin and Love on Display”

Think about the One who died for you and me on the cross. That death was so that we might live in freedom – being freed from our sin, being freed from the fear of death, and being freed from the grip of the grave. Just One died for us that day, Jesus Christ. But His death means more for us than the deaths of all the others who may have died for us combined. Because on the cross, it was not one man dying for another man. **No. On the cross, God died for me.** The High died for the low. The Shepherd died for the sheep. The Creator died for His creation. The Perfect died for the sinful.

As the prophet Isaiah records: ***“He was wounded for our transgressions; He was crushed for our iniquities; upon Him was the chastisement that brought us peace, and with His stripes we are healed. All we like sheep have gone astray; we have turned everyone to His own way; and the Lord has laid on Him the iniquity of us all.”***

Luther said that with this picture of the cross, we come to know both God and ourselves. We come to know ourselves because look, that is your sin there. Your transgressions, your iniquities, your chastisement, your stripes, your death. The evil deeds your hands have done are the nails through His hands. The evil places your feet have taken you are the nails through His feet. The evil thoughts which fill your mind are the thorns which pierce His head. The evil lust which fills your heart is the spear which is thrust up into His side. The lies and venom that spew from your mouth are the mocks and taunts which fill His ears. . . . Take a good look, fellow sinners, at your sin. See what you have done.

But in seeing this, do not despair. Do not let guilt and grief overtake you, because your Lord Jesus Christ is not there unwillingly. Although He was put on the cross by force, it was not force that put Him there. It was love. His love for you. Yes, His love. For as Jesus told His disciples, ***“No one takes my life from me, but I lay it down of my own accord.”*** (John 10:18) It was not Judas, or the Jews, or Pilate, or our sins that took Jesus’ life from Him. No, He laid it down of His own accord. He laid it down because of His great love for His Father, and for you. That you might be free. And so although on the cross He suffered and struggled under the torments of our sin and the abandonment of His Father – He dies not in struggle, but in peace and confidence, saying, ***“Father, into your hands I commend my spirit.”***

By looking at the cross we come not just to know ourselves and the seriousness of our sin, but to know God. For there we see Him as He really is. His heart on display for all to see. He *wanted* to be there. And in His death, in just one drop of His perfect blood, is the remission of all our sin. The price paid in full. The punishment meted out in full measure. . . . It was no surprise to Jesus, our Savior. He knew exactly what He was in for. He knew these words from the prophet Isaiah, which so describe what He would be subjected to. For He told His disciples, ***“everything that is written about the Son of Man by the prophets will be accomplished.”*** (Luke 18:31) And that all *was* accomplished He states right before He dies, using the same word He had said earlier to His disciples: ***“It is accomplished. It is finished.”*** He has fulfilled all the Scriptures – nothing more need to be done. He has accomplished our salvation – nothing more need to be done. He has set us free – nothing more need be done!

Yet Isaiah provides another detail for us in his prophecy, by which we come to know God. For he says, ***“It was the will of the Lord to crush Him; He has put Him to grief; [yet] when His soul makes an offering for sin, He shall see His offspring; He shall prolong His days.”*** . . . God intended all along for life to trump death. For a dead man cannot see his offspring, and his days have come to an end. But not for Jesus! For although He dies, He will see His offspring, those who will be born of water and the Spirit. And although He dies his days will be prolonged. Because our death cannot end His life! He did really die, make no mistake about that! But He would rise and live again. Isaiah knew it, and so prophesied here of the resurrection of Jesus from the dead; . . . and Jesus knew it too. And so He could die in confidence and peace, knowing that His sacrifice would be acceptable to His Father, knowing that His through His death, He would defeat the power of death once and for all.

Now therefore this is also true for you. Now death cannot end your life either, and you can face death with confidence and peace. For the Suffering Servant of Isaiah, the Lamb of God, died for you. We give thanks for such an unspeakable gift. Let the horror of the crucifixion appall you, as you see what your sin hath wrought. And then you will also know the love of God, who died for you, to set you free. ***“And if the Son sets you free, you are free indeed.”*** (John 8:36) Amen.

TRINITY LUTHERAN CHURCH - FINANCIAL REPORT JANUARY 2023

	<u>BEGINNING BALANCE</u>	<u>DEPOSITS/INCOME</u>	<u>WITHDRAWALS/EXPENSES</u>	<u>ENDING BALANCE</u>
Nicolet General Fund	\$9,228.21	\$107,210.22	(\$98,025.98)	\$18,412.45
Nicolet Restricted Funds	\$112,808.95	\$0.00	\$0.00	\$112,808.95
LCMS Endowment Fund	\$107,441.66	\$6,476.17	(\$152.83)	\$113,765.00
LCEF Steward Fund	\$696.48	\$8,029.09	(\$7,928.69)	\$796.88
Nicolet Money Market	\$230,516.32	\$5,099.68	(\$25,000.00)	\$210,616.00
Schwab Wealth	\$39,745.43	\$832.03	(\$2,240.09)	\$38,337.37
Nicolet Memorial Fund	\$6,759.09	\$0.00	\$0.00	\$6,759.09
Nicolet Office Acct	\$2,821.83	\$1.24	\$0.00	\$2,823.07
Nicolet Think Tank	\$3,185.34	\$0.00	\$0.00	\$3,185.34
Nicolet Scrip	\$11,707.14	\$31,144.95	(\$28,605.82)	\$14,246.27
TOTAL	\$524,910.45	\$158,793.38	(\$161,953.41)	\$521,750.42
LCEF Mortgage (BOTR)	\$937,052.17		(4,583.42)	\$932,468.75

Two opportunities for financial aid/scholarships for church worker students.

South Wisconsin District Financial Aid applications are **due May 15**. Anyone attending a Concordia University or Seminary, is a member of an LCMS congregation in the SWD and is preparing to be a full-time church worker (pastor, teacher, deaconess, DCE/DCO, DFLM, DPM, lay minister) is encouraged to apply. There are two applications required (District Financial Aid Application and Personal Aid Application). Both are available on the SWD website – swd.lcms.org/resources/student-aid-applications/.

LWML Female Church Worker Scholarship

The LWML South Wisconsin District has been blessed to be able to award scholarships each year since 1991 to women from South Wisconsin District who are preparing for church work in the Lutheran Church Missouri Synod. An endowment was established to assist women with their undergraduate education. The number and amount of scholarships varies from year to year depending on the funds available that year. Applications are currently being accepted for the 2023-2024 school year.

Who may apply? Active female members of congregations of the South Wisconsin District of the LCMS who are residents of the SWD prior to college and are preparing for “full-time service in the LCMS” are encouraged to apply. An applicant must be enrolled as an undergraduate at one of the educational institutions of the Synod for the 2023-2024 school year. (Full-time service is defined as any position available through the Board of Assignments of the Synod)

How to apply? Complete the LWML scholarship application forms and return them to the LWML SWD Scholarship Committee. All applications and references **must be postmarked no later than April 30, 2023**. Application instructions and forms are available online at <http://www.lwml-swd.org/scholarships>, scroll to the bottom.

Stewardship Talk – Mar 2023 Newsletter

From 1 Peter 4:8-10 “⁸ Above all, love each other deeply, because love covers over a multitude of sins. ⁹ Offer hospitality to one another without grumbling. ¹⁰ Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”

Your Board of Stewardship is always encouraging you to make use of the gifts of Time, Talent and Treasure that our Lord has blessed you with. Sometimes you may be using your time and talents without even knowing you are.

There was a family that moved to the area about 18 months ago. They were looking for a church home. The type of church they were looking for, was a strong confessional Missouri Synod Lutheran congregation. But also, one that is welcoming and friendly. After doing some research online and listening to a few services, they saw Trinity was a strong confessional church and decided to make it the first church they would visit.

As with any first-time visitor, they were not sure where to park or which door to go in. Luckily there was another couple, who were members, coming in at the same time. That couple could tell that the visitors looked a little lost and asked if they were visiting and directed them to the correct doors to use. There were a number of other members that also made an effort to talk to the visitors that day. If the visitors had inadvertently taken someone’s normal pew, no one said anything. With each visit, a few more people would say hello, and ask where they were from and make an effort to know them. They never visited any other church and became members of Trinity.

You might ask how does this relate to Stewardship? People took the time to talk to those visitors. A lot of times it would be easier to say nothing. It didn’t stop with the first visit either. Many other people have engaged them, welcomed them, and showed interest in them. As mentioned, those visitors are now members, and they have gotten engaged at Trinity through various means. Saying hello and making people feel welcome is a way every one of us can use our time, talents and resources to help increase God’s church.

Passover Seder Evening Led by Pastor Parvis

Lutherans in Jewish Evangelism
www.lije.org



**HOSTED BY TRINITY LUTHERAN CHURCH
300 BROAD ST. MENASHA**



PLEASE USE ENTRANCES 3 & 5
FROM PARKING LOT ON EAST SIDE.
HANDICAP AVAILABLE BY DOOR 3

**Sunday March 12, 2023
4:00 Sign in
4:30 pm Passover Seder Meal
Begins Approx. at 6:00**

cost: \$15 per person

An informative evening showing the Jewish roots of the Last Supper

Gluten Free Menu: Matzo Ball Soup, Roast Leg of Lamb w/Mint Jelly,
Baked Chicken, Baby Red Potatoes, Carrots & Applesauce

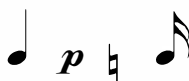
**Limited seating
Call Trinity's Church office @ 920-722-2662
to make your reservation**

Reservations Required Deadline March 6th

Announcing ... 

 A premier **HANDBELL CONCERT** ... HERE ...

at Trinity Lutheran Church & School!!

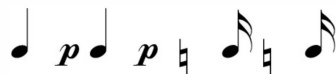
on 12 APRIL at 7:00pm 

featuring **ALLELUIA RINGERS!!**

Prof. Mark Bloedow, Director
(Concordia University – Mequon, WI)

A reception and light refreshments will follow the concert!

A Freewill Offering will be taken at the recital
with all proceeds going to Trinity's
purchase of Handbells. ☺



Don't miss this spectacular event! If you have questions, call the
church office (920-722-2662) or Rose (608-213-2644)

LWML Zone 11 Spring Rally

Saturday, April 22, 2023

Trinity Lutheran Church & School

300 Broad Street • Menasha, WI 54952

Parking on Broad Street and in Back Parking Lot Off of Broad Street
Handicapped Parking Lot and Entry on Tayco Street

Registration Opens at 8:45 AM

Devotion at 9:15 AM

Breakfast Brunch to Follow



There is a sign-up on the spinner in the Narthex. Please indicate the number of persons attending, **OR** you may call or email Dottie Kraus at: (920) 991-2705/rkraus001@gmail.com by April 14, 2023.



Natural Ways to Boost Energy Levels



Energy slumps can be a common problem. We've got a few easy recommendations for natural pick-me-ups that can boost energy levels while also maintaining a healthy nervous system.

1. Eating healthy snacks high in protein and complex carbohydrates like hard-boiled eggs or almonds can provide sustained energy.
2. Drinking water can rehydrate the body, which helps improve spinal disc function.
3. Physical activity like walking or stretching is a great way to boost energy levels and improve circulation, while also keeping spinal muscles strong.
4. Good posture is essential to maintain a healthy spinal alignment and improve energy levels.
5. Regular stretching and exercise can improve posture, relieve muscle tension, and improve breathing.

Remember to have regular chiropractic check-ups with our practice for optimal spinal health!

Age and Your Spine



As we age, spinal conditions such as arthritis, osteoporosis and degenerative disc disease can become more prevalent, causing chronic pain, limited mobility, and decreased quality of life. These conditions can make it difficult for elderly patients to perform daily tasks. However, there is hope. Chiropractic care may help elderly patients manage these conditions.

Care with us can help manage pain by reducing inflammation, increasing blood flow, improving joint mobility and releasing endorphins. It can also help improve mobility and reduce the risk of falls. Regular adjustments may also improve sleep, increase energy and overall health.

As your chiropractor, we can diagnose and help manage spinal conditions, developing an individualized care plan that takes into account your unique needs. If you, a parent, or grandparent are dealing with age-related spinal conditions, we'd love to see if we can help.

Feel free to book a visit with us so we can provide a thorough analysis and recommendations for your spinal health. During the visit, we will conduct a comprehensive examination to assess your posture, range of motion, and any areas of pain. We look forward to seeing you or your loved ones in the practice soon.